



Fresh Ideas Feeding Minds

Sheringham Woodfield's School Autumn 2025 - IDDSI Lunch Menu

	Main Option	Dessert
MONDAY	<i>Pureed Plant Balls</i> with Mashed Potato and Pureed Carrots (v)	Apple Puree
TUESDAY	Pureed Chicken in BBQ sauce with Pureed Broccoli, Pureed Cauliflower and Mashed Potato	Chocolate Angel Delight
WEDNESDAY	Pureed Sausages with Mashed Potato and Carrot Puree	Banana and Custard
THURSDAY	Pureed Chicken in Gravy with Pureed Cauliflower, Pureed Broccoli and Mashed Potato	Cake and Custard
FRIDAY	Pureed Fish in a White Sauce, Mashed Potato and Pureed Carrot	Yoghurt

Fresh fruit available daily

