



Fresh Ideas Feeding Minds

Sheringham Woodfield's School Autumn 2026 - IDDSI Lunch Menu

	Main Option	Dessert
MONDAY	<i>Pureed Plant Balls</i> with Mashed Potato and Pureed Cauliflower (v)	Cake and Custard
TUESDAY	Pureed Chicken in tomato sauce with Pureed Broccoli and Mashed Potato	Banana and Custard
WEDNESDAY	Pureed Fajita Chicken with Mashed Potato and Carrot Puree	Jam Sponge and Custard
THURSDAY	Pureed Sausages in Gravy with Pureed Cauliflower and Mashed Potato	Fruit Puree
FRIDAY	Pureed Fish in a White Sauce, Mashed Potato and Pureed Carrot	Yoghurt

Fresh fruit available daily

