



Sheringham Woodfields School

Curriculum Information for Families 2026-2027

Term: Autumn 1 Class: Alder

Strand and Profile	Profiles in Class	Ideas for Home
Communication and Literacy	For our T4W session this half term we will be doing the story The Train Ride by June Crebbin Plus time to explore story sacks this half term. Twice weekly- 1-1 communication sessions working on pupils' own individual communication needs around choosing, body signs, interaction skills.	You can find The Train Ride book on YouTube to listen to at home.
Mathematics and Problem Solving	We will be focusing on the Maths Schemas this half term -around pouring, filling, transporting; comparing size, texture, quantity, sound Some of the activities the pupils will explore are • Fill containers with water, rice, pasta, foam, sand. • Making potions, pouring into different sized containers. Use different coloured water - food colouring • Exploring different sized farm animals. • Feely /sensory basket- Natural items, sound items, kitchen items, encourage emptying, exploring objects, passing objects from one hand to another	• Dropping pasta/rice into empty containers, listening to the sound, pouring skills, feeling the weight of the container as you fill it. • Exploring a range of different sized balls, textured balls- placing balls in different sized containers • Use rice, sand- using a range of cups, jugs, different sized spoons, filling containers, exploring the weight of the different filled containers
Personal Development	We will carry out weekly massage sessions exploring some sensory massage stories, sensory massage songs and handypac. Pupils will engage in group sessions nursery rhymes and action songs within a social group in class.	Engage in nursery rhymes or action songs at home with your child. Encourage them to engage in holding hands to support them to move along to the actions in the songs, look out for signs of awareness, responding to the songs, anticipation of the body movements. Explore on YouTube: Fleming Fulton school massage songs; Disney songs - you just follow the actions on the screen along to the music.
Physical Development	All pupils will receive daily physio, twice-weekly hydro, one rebound session, daily standing frame time. All pupils will have a focused session around their own individual physical targets which link to their PLG/EHCP outcomes. These may involve things such as wedge work, walkers, sit-to-stand work, laying in prone pushing upper trunk up, exploring A frames on back, physio bench time.	To build in physio and tummy time, for some to encourage reaching out to items, exploring items on their trays, sitting-to-stand work. Regular time wearing splints, gaiters at home.
Understanding the World	Trips to Sheringham Park and the Light House café, Pupils will have at least one session a week doing some focused around switch activities, touch screens and also some of this will be built into cooking sessions and problem solving.	Explore nature - head out on some walks to local parks, gardens, garden centres to explore herbs/plants, walks to seaside. If you have switches at home, build in sometimes exploring switches with switch toys at home, Exploring iPads with cause and effect apps.
Expression and Creativity	Some creative activities we shall explore are: • Collage pictures to make mouth, eyes, • Exploring mark making in paint and shaving foam • Creating sound tubes • Printing with feet • Bubble blowing with paint	Explore shaving foam at home Explore mark making in paint Explore different scented dough or homemade scented playdough Create making sounds with pots and pans, exploring instruments at home.
Personalised Learning	Throughout the week, we will have timetabled time to do some focused sessions around pupils' individual Learning key areas will be switch skills, physical development, communication and social skills.	