



Sheringham Woodfields School

Curriculum Information for Families 2026-2027

Theme: **Exploring Senses**

Term: **Autumn 1** Class: **Shells**

Strand and Profile	Profiles in Class	Ideas for Home
Communication and Literacy	Phonics; Listening and Attention; Communication; 1:1 Reading; weekly visit to the library to swap books. We will explore the Talk for Writing Text: The Train Ride by June Crebbin, focusing on the following concepts - see, pull, shiny.	You could offer opportunities for your child to make choices - what do they want in their sandwich? What music do they want to listen to? You could visit your local library to borrow some different books to read together.
Mathematics and Problem Solving	Problem Solving, Cause and Effect, Maths: focusing on the following schemas - Transporting, Containing and Enclosing through a range of sensory activities.	You could explore capacity with your child through water play, using different sized cups, jugs and bowls to fill and pour water.
Personal Development	PSHE and RSE: Recognising Emotions This half term we will be working on recognising emotions, starting to link to the Zones of Regulation in the moment	You could look in the mirror and explore different facial expressions. When you notice your child is experiencing an emotion, you could try to name what feeling you think they are feeling - "I can see you are smiling, I think you are feeling happy"
Physical Development	Physio, Physical Therapies, PE: Dance - sensory movement In PE we will be settling into a new room and feeling/exploring the music and dance using a range of equipment, e.g. dance ribbons and the parachute. We will work on our Fine Motor skills with daily Dough Disco as well as fine motor activities in our free flow sessions.	You could put on some music and do some dancing with your child at home
Understanding the World	History, Geography, Science, MFL, RE: Living things - human 5 senses . We will offer a range of sensory activities to explore with our senses during our free flow sessions. There will be immersive opportunities to explore Prayer and Worship for RE and Germany for MfL.	You could go for a walk at a local park, garden or woods. Can you use your senses to see what you can see, hear, feel, and smell?
Expression and Creativity	Art, Music, DT: Exploring sensory/tactile art materials with whole body. (Texture and Pattern). Movement to music listening and responding to various different genres of music and singing action songs together.	You could explore making different sounds at home, perhaps using spoons and plastic pots to make drums.

Personalised Learning	All children will work towards their Personal Learning Goals throughout the week, developing communication through a Total Communication Approach, working on Speech and Language Therapy goals, building understanding of routines and personal hygiene routines.	It would be lovely if you could share what your child has been up to at home on EfL
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