



Sheringham Woodfields School

Curriculum Information for Families 2026-2027

Term: Autumn 1 Class: Seahorses

Strand and Profile	Profiles in Class	Ideas for Home
Communication and Literacy	This term our class book is "The Train Ride" We are going to be thinking about journeys and things that we see. We will be modelling sentences "I see..." We will also be working on our fine motor skills and practising our mark making skills. We will have daily phonics sessions learning and practising our phase 2 phonics sounds.	When you are out and about, point out things that you can see. Model "I can see..." Watch where your child is looking and model, "You can see....." Use opportunities at home to practise fine motor skills such as using buttons, zips or mark making with paints and pens.
Mathematics and Problem Solving	In Maths this half term, we will be focusing on Number and Place Value. We will be looking at numbers to 10, counting and recognising the numerals. We will learn about grouping, recognising similarities and differences and then sorting into groups.	Take opportunities to role model counting at home. Can you count out the cutlery, plates etc. at meal times? Point out numbers in the environment - page numbers in books, on the TV remote, on road signs. Sing number songs such as 5 Little Speckled Frogs, 10 in the Bed and Ants Go Marching.
Personal Development	In Personal Development, we are thinking about emotions. We will be using mirrors to look at our faces. What does our face look like when we are happy? When we are sad? We will be thinking about things that make us happy and calm, and things that might make us feel sad or angry. We will also be looking at pictures of other people, what do we think that person is feeling?	Use opportunities at home to talk about how you are feeling, or how your child is feeling. "I can see you are crying, you are feeling sad." When you are sharing books together talk about the faces in the pictures. "Look at that big smile, he is feeling happy" You could look at family photos, what is happening, what is that person feeling?
Physical Development	In Physical Development sessions this half term, we will be focusing on yoga and meditation. We will be learning to find space, follow instructions to move our bodies and relaxation techniques.	There are many great resources online that you can follow at home. Cosmic Kids Yoga on YouTube is a great place to start. Try encouraging your child to take deep breaths or count their breaths at home to support their emotional regulation.
Understanding the World	In Understanding the World this half term, we will be looking at geographical skills and fieldwork including basic mapping skills. For example, we will be exploring our surroundings in and around school, including creating our own maps and compasses.	Go for a walk in your local area and see if your child can direct you to different places. Take notice of any landmarks in your environment.

	There will be immersive opportunities to explore Prayer and Worship for RE and Germany for MfL.	
Expression and Creativity	In Art this term we are exploring trees. We will walk round the school grounds looking at the trees and taking photos of them. We will look at the shape, texture and colour of them. We will be exploring bark, leaves and twigs, making pictures with them and painting, printing and drawing them.	When you are out and about, point out any trees that you see. Where are the leaves? What does the bark feel like? When it's autumn you can collect leaves from the ground. Explore the colours, shapes and textures of the leaves. Maybe you could make a picture with them.
Personalised Learning	We will support pupils to take their next steps with personal hygiene, eating and independence skills.	If your child has made progress with these skills over the holidays please let us know so we can best support them in school.