



Sheringham Woodfields School

Curriculum Information for Families 2026-2027

Autumn 1: Class: Dolphins

During week 1 & 2 we will focus on 'ALL ABOUT ME' before moving on to our theme of Senses.

Talk for Writing text- The Train Ride

Total Communication will be running throughout each activity and working alongside children's individual communication plans, we will be learning topic-related words/signs and symbols found in our stories. We will continue to work throughout the half term on contextual words that support requests, play and social situations.

Strand and Profile	Profiles in Class	Ideas for Home
Multi-sensory Listening and Attention	We will be exploring our individual PLGs and communication targets/SaLT programmes. This will involve attention and anticipation activities; following instructions in activity songs; exploring our listening skills in line with music; and expressing our preferences to stimuli.	Harness each attempt to communicate, try explaining simple every day activities as you are doing with them, using key words and actions.
Communication and Literacy	We will be exploring 'ALL ABOUT ME' through daily story time, mark-making activities, listening activities, and activities focussed on the following - - We will be getting to know our new classroom routine and expectations, while supporting children to communicate their thoughts, feelings, likes and dislikes. - We will explore different ways of communicating, recognising that every child may have a preferred method of expressing themselves. - Through conversations, group activities, stories and play, we will encourage children to listen, respond and develop confidence in communicating with others.	Encourage the exploration of books, stories and role-play. Share a favourite story at bedtime or books that relate to events that you have coming up, for example a story about the doctor if you have an appointment coming up soon. If you require any specific symbols for use at home, please do let me know ☺
Mathematics and Problem Solving	In maths we will be taking part in activities exploring: maths schemas such as connecting and stacking, moving and transporting, containing and enclosing, we will do much of this through exploration of and play with resources that are topic related, as well as water play, construction items and junk modelling. We will be exploring- - Matching and one to one correspondence, - Moving and transporting, - Collecting and grouping, - Connecting and stacking, - Ordering and sequencing. - Capacity In these early days back at school, through games, puzzles and practical activities, we will develop early maths and problem-solving skills. On the playground, children will explore sharing equipment, taking turns and understanding spatial awareness as they play alongside their peers. We will also use every day play opportunities to explore concepts such as position, size, matching, sorting and counting.	Explore items, games or activities that involve - 'Moving and transporting'- Packing bags for a trip. 'Collecting and grouping', - Collecting items found on a walk, making sets of items that are the 'same'. 'Capacity'- explore filling and emptying vessels such as sand castle building with buckets, containers during water play.
Personal Development	The exploration of Health and self-care, Making relationships, Understanding emotions and Sense of self will be woven in through our weekly activities, exploring pupils individual PLG's, aspirations and feelings.	There are many activities that you can share at home to naturally support more than one area of personal development- For example: -Cooking together builds self-care, communication, emotional regulation, and confidence. -Gardening supports turn-taking, sensory exploration, responsibility, and sense of self. -Art and messy play helps with emotional expression, identity, and relationship-building.
Physical Development	As well as our usual motor skills activities such as; Pencil control, hand eye co-ordination activities and puzzles, we will be exploring how to use switches for cause and effect. We will continue to work on our individual	

	physio and SE plans alongside our motor skills too, including fine motor skills to develop independence (holding cup, cutlery, isolating fingers to point manipulate objects.), which we will explore during our weekly cooking sessions. We will also explore role play and activities which are linked to our topic.	
Understanding the World	We will work on the areas of 'Understanding the World' and 'Imagination and Expression' such using everyday materials linked to our stories to explore, understand and represent our world - ideas, interests and fascinations and exploring emotions linked to make believe situations or characters found in our stories. Noticing how things in the world can be big or small, the same or different. • Understanding that living things grow and change over time. • Exploring their environment using their senses—looking closely, touching, listening, and comparing. • Making simple connections between what they see at home, outdoors, and in stories. • Developing early scientific thinking by asking questions, observing, and talking about what they discover.	Enjoy exploring your surroundings by: • Going on a nature treasure hunt (find big/small, same/different items) • Growing a plant and watch how it changes • Water play with cups, bowls, and toys (pouring, splashing, floating) • Creating Sensory art using natural materials (leaves, sand, sticks, flowers) • Mini beast spotting in the garden or park • Ice play (freeze toys/objects and watch them melt) • Outdoor mark making (paint with water, draw with sticks in soil/sand)
Expression and Creativity	Over the next two weeks, we will be exploring 'All About Me' through a range of creative and sensory activities. The children will have opportunities to create their own portraits using paints and a variety of tactile objects, exploring facial features and expressing their own ideas and preferences. We will also encourage children to share what they enjoy doing, as well as their likes and dislikes. We will be further exploring body percussion and instruments this half term. Following simple instructions to have an effect on a sound, such as going fast/slow, loud/quiet. We'll be finding out what our favourite instrument is and what are favourite moves to familiar music are too.	You might wish to take time to set up daily routines at home, getting dressed or preparing to leave the house. Spend time observing facial features in the mirror, encouraging your child to identify their facial features, the classic song of 'head, shoulders, knees and toes' is also a great song to get some movement in to your daily routine.
Personalised Learning	We will be working on our Personalised Learning Goals (PLGs) across the week. We will begin familiarising ourselves with the routine and expectations of our new class. Using a total communication approach, we will explore our diverse communication needs and explore interactions with our peers alongside engaging in self-advocacy exploration.	We will continue focussing on self-avocation words such as no/yes, more/finished. Try exploring your child's PLGs at home, explore how their transfer their learning/progress to home.
Relaxation	Relaxation is a safe, sensory activity that helps pupils feel regulated and comfortable. It supports pupils by: • Providing calming sensory input that helps pupils feel grounded. • Helping with sensory regulation, especially when pupils feel overwhelmed. • Building motor skills as pupils manipulate equipment and power resources. • Encouraging exploration and play in a safe environment. • Boosting confidence as pupils try new movements and develop independence. • Supporting communication through copying actions, using gestures, and joining in with others • Improving emotional wellbeing by reducing stress and boosting confidence • Encouraging social skills such as turn-taking and working with others	You might want to explore relaxation at home, discover what it looks like for your child. We'd love to hear if your child has a particular relaxation activities that they love 😊

Please feel free to record your explorations on EfL, we'd love to see what you've been up to at home, alternatively if you have any queries please feel free to send me an email- swebster3fr7@nsix.org.uk